


Dalfampridine
(Ampyra®)

Patient Information

Updated: 10.2019

USED FOR	<ul style="list-style-type: none"> Improving walking ability and walking speed in people with multiple sclerosis (MS). Dalfampridine does not affect disease progression and does not reduce risk of flare-ups. Dalfampridine will not cure MS.
HOW IT WORKS	<ul style="list-style-type: none"> Dalfampridine improves signaling in nerve fibers that have been damaged in MS.
WHAT TO EXPECT	<ul style="list-style-type: none"> It is important to be patient with your progress. Improvement in walking ability can take up to 2 to 6 weeks after starting Dalfampridine. Dalfampridine does not work for everyone. People experience different levels of response to the medication.
WARNINGS	<ul style="list-style-type: none"> Dalfampridine can cause seizures. Your chance of having a seizure is higher if you take too much Dalfampridine or if your kidneys are not working well. Do not take Dalfampridine if you have ever had a seizure. Talk to your doctor if you have a history of kidney problems.
HOW IT IS GIVEN	<ul style="list-style-type: none"> Dalfampridine may be taken with or without food. Take 1 tablet about 12 hours apart. Take dalfampridine tablets whole. Do not break, crush, chew or dissolve dalfampridine tablets. Dalfampridine may be taken safely with disease-modifying therapies for MS.
DOSE	<ul style="list-style-type: none"> One tablet (10 milligrams) taken by mouth every 12 hours.
HOW IT IS SUPPLIED	<ul style="list-style-type: none"> Dalfampridine 10 mg extended release tablet 
STORAGE	<ul style="list-style-type: none"> Dalfampridine may be kept at room temperature. Keep the medication away from direct sunlight, extreme heat, or cold.

COMMON SIDE EFFECTS	<ul style="list-style-type: none"> • Urinary Tract Infection • Trouble sleeping • Dizziness • Headache • Nausea • Fatigue, low energy • Back pain • Problems with balance • Burning, tingling or itching of skin • Irritation or pain in nose and throat • Constipation, indigestion
DRUG INTERACTIONS	<ul style="list-style-type: none"> • Dalfampridine may interact with some stomach medications (cimetidine), diabetes medications (metformin), and heart medications (quinidine). • Do not take together with other aminopyridine medications (compounded 4-AP, fampridine)
MONITORING	<ul style="list-style-type: none"> • Your kidney function will be tested before starting Dalfampridine and then once yearly.
MORE INFORMATION	<ul style="list-style-type: none"> • Websites: www.nationalmssociety.org, www.ampyra.com • Clinical Trials: <ul style="list-style-type: none"> • Goodman AD, et al. Lancet. 2009 Feb 28; 373:732-8.